



Did You Know?

We have a wonderful church library? It's located behind the stage on the piano side. Books are available to church members to check out as desired.



News You Can Use



We are so excited that former member and Elder of the Raleigh Church, Dr. Carl Cossaert and his family are here for a weekend of spiritual emphasis! Currently serving as a Professor in the Theology department at Walla Walla College, Dr. Cossaert will present a series of three lectures that will challenge you spiritually and intellectually as well as increase your love for the Lord. Note today's bulletin insert for bio info.

MEN'S MINISTRY 2010

After the success of Every Man's Battle in the men's ministry small group....we will be starting "Every Man's Marriage". For every current husband or husband-to-be, this is a must attend! The group meets every Sabbath at **4pm**. Please contact Kamlesh at kamlesh.rangrej@yahoo.com or Dan at rdshirt@aol.com for more details.

Heard the forecast? A baby **GIRL** is predicted but first there will be a shower! Please join us at a baby shower in honor of Wendy Gonzalez, Sunday, **March 21st, @ 2:00 p.m.** at the ARC. Wendy is registered at Babies R Us & Target. If you have any questions, please contact Wanda Medina (sister of the mom-to-be) at 616-633-3857 or Email her at blwanda@comcast.net *****You can win a prize***Bring a pack of diapers or baby wipes and you will be entered in our raffle!**

Attention Ladies: We have another baby on the way....Anne Nyabwari is planning for a baby boy in April! We will have a baby shower for her on Sunday, **Mar 28, 2-4 pm** in the Church Fellowship room. Please join us to welcome this little one. Call Florence Matoke (606-8202) or Sherry Armstrong (859-6909) if you would be willing to help.

Attention Seniors: We will have a lunch for you at the Armstrong home on Wednesday, **Mar 31st** at noon. Call Sherry Armstrong to let her know if you are planning to attend.

Casting Call! We are still casting for our annual Easter weekend passion play, "His Last Days." We have many openings for cast and crew, so if you are willing to lend a hand, we have a spot for you! Please see Lisa LaFave for more information or visit the church website to fill out a program volunteer form.

Transfers, 1st reading: transfer in: John & Bonnie Mullinax, Maricela & Krystal Resendez & Michelle Tomlison.

News You Can Use Cont'd

Health Ministries Nugget

Would you like a gentler way to detox your system? Although many of the popular, intensive detox regimens may help you quickly lose a little weight, gain energy, and lighten your toxic load, you don't have to totally deprive yourself of food to eliminate body toxins. Start by avoiding dairy products, eggs, meat, refined sugars, caffeine and alcohol. Consume more fresh fruits and vegetables, particularly dark leafy greens - nature's powerful toxin eradicators. See the Health Ministries bulletin board for more information on detoxification.

A Coronary Health Improvement Project (CHIP) Leadership Training Workshop will be conducted April 9 -11, 2010 in Concord, North Carolina. This workshop will prepare church members to present a powerful health ministry outreach that is changing lives and making friends for the church and citizens for the Kingdom. For more information, go to www.adventistchip.org and click on "Leadership Training." For registration, e-mail Health Ministries at register4health@EMBARQMAIL.com

Family Ministry Cookbook: Our Family Ministry group is preparing a taste-tempting cookbook featuring favorite recipes from our church members. Our cookbook will be beautifully bound and is sure to be treasured for years. We would like you to submit 3 or 4 of your favorite recipes so you can be represented in our memorable collection. Please see the insert for all the details and how to submit your recipe!

Raleigh YOUTH Events

Attention Young & Young Adults: To receive information about the latest events, please join raleighya@yahogroups.com.

The **Y**-survey: We want to know you better. Do you want to get involved in youth ministries? Please complete survey in the **rAleigh-(Y)** box located in the lobby.

Opportunities for Service: The Raleigh Youth department is seeking individuals with some experience in graphic design, video, computer animation, and photography. We are also looking for individuals with fresh ideas and some experience in PR and marketing to be part of a team for the promotion of a youth evangelistic campaign in this area. For more information, contact Abdel Salek at (919) 532-6447; or email: nabdelsalek@gmail.com.

Southern News

Students interested in attending Southern Adventist University, are invited to bring their families and spend a day getting to know what campus life is like at Southern during PreviewSouthern, go online to www.southern.edu/visit. Registration ends March 23rd.

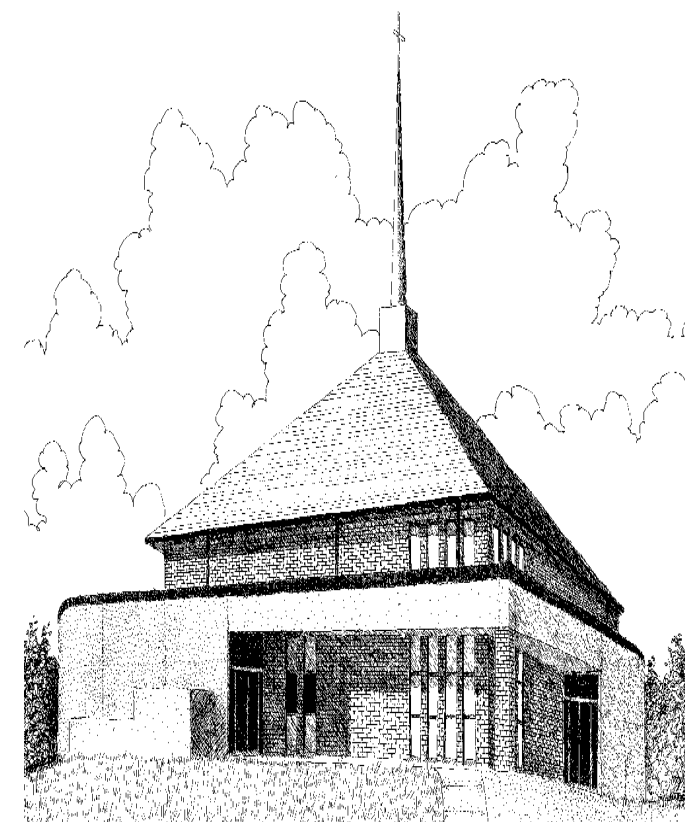
Around the Conference News:

Camp Meeting will be held May 30th-June 5th, 2010 at beautiful Lake Junaluska, NC. You can visit www.lakejunaluska.com for accommodations information and www.carolinasda.org for camp meeting seminars and presenters.

Welcome to the Seventh-day Adventist Church of Raleigh

Our Mission

*As members of the body of Christ,
the Raleigh Seventh-day Adventist Church is
passionately focused on seeking Christ, living His
values daily and proclaiming His imminent return.*



March 20th, 2010

4805 Dillard Drive
Raleigh, NC 27606

Phone: (919) 851-1302

Website: www.raleighadventist.org

Welcome to the Seventh-day Adventist

Church of Raleigh

We are here to serve you!

Please call us if we can be of assistance.

Bob Cundiff-Pastor.....233-1114

pastorbobis@yahoo.com

Richard Major-Head Elder.....376-0843

Alan Fitts- Head Deacon.....553-2595

Pam Fitts- Head Deaconess/Clerk.....553-2595

Church Budget

Through March 13th, 2010

	<u>Month</u>	<u>YTD</u>
Total Income	\$18,279.37	\$ 69,799.54
Total Expense	\$ 7,407.50	\$ 86,154.21
Tithe Income	\$32,917.80	\$100,261.76

"The Church Budget is based on 60% of our annual Tithe. We are suggesting that for every dollar you pay in tithe, give 60 cents to Church Budget so we can reach our goal. Tithe does not fund the church expenses needed each month to operate the church and its ministries. Since tithe is not used to pay for local church expenses, we hope that when you return tithe you will also contribute to the church budget."

Church and Bulletin Information

Deacon & Deaconess of the week:

Eddie Valentin & Josie Valentin

Audio Tech of the week

Rick Stambach

► Please submit all bulletin items, including prayer requests, to Wendy by **Thursday @11am** to: **raleighsdbulletin@gmail.com** or call 919-851-1302 and leave a message.

► For announcements on Power Point, email Christin at: **cjnoble5@yahoo.com** by Wednesday @ 12pm.

► For church calendar updates email: **raleighsdacalendar@gmail.com**

First Service 8:30 am

- Welcome
- Opening Prayer
- Songs of Praise
- Offering
- Prayer
- Sermon
- Benediction

First Worship Service – 8:30 am

The Church in Study – 9:35 am



The Church in Worship-10:45am

March 20th, 2010

Kings Business

Welcome

Special Feather

"Focus on Health" C.H.I.P.

Praise

Lisa LaFave & group

Congregational Prayer

Richard Major

Offering

Local Church Budget

Special Music

Josie Valentin & Group

Sermon

Dr. Carl Cossaert

"Where Is God When We Need Him Most?"

Scripture: Hebrew 13:1-6

Benediction

Dr. Carl Cossaert

Pianist

Doug Ice



Week at a Glance

Today

4:00pm- Small group ministries

7:30pm-Sabbath Ends

Sunday, March 21st

No basketball

10:30am-Adventurer meeting & banquet

11:00am-"His last days" work bee, fellowship hall

2:00pm-4:00pm-Wendy Gonzalez's Baby shower

6:30PM-"His last days" practice

Wednesday, March 24th

6:30pm-Pathfinder meeting

7:00pm-Prayer meeting

Thursday, March 25th

6:30pm-Basketball ministry

Friday, March 26th

8:15am-Chapel at ACA

7:34pm- Sabbath Begins

"Church Works" leadership summit begins

Next Sabbath's Speaker

Elder Donald Martin

Looking Ahead

March

27-"Church Works" Leadership Summit

27-Adventurer Induction Ceremony, AY

28- Anne Nyabwari's Baby shower, 2-4pm, fellowship hall

31-Senior Luncheon, 12:00pm

April

2-ACA, noon dismissal

*"His Last Days" A passion play, 7:00pm

3-Fellowship potluck,

*"His Last Days" A passion play, 7:00pm

4-AGAPE Feast, 6:30pm

7-Pathfinder meeting, 6:30pm

9-11-CHIP Leadership training workshop

14-Pathfinder meeting

15-16-Southern University, PreviewSouthern event

17-W.I.T.

*AY, "Service", 5:30pm

*Adventist Bookmobile (ACBC), 8:00-9:30pm

17-18-Pathfinder campout, Pilot Mountain

18-Adventurer Meeting, 10:30am

*Healthy Snacks cooking class

Prayer Requests

Stockford family, Smith/Beckwith families, Dillman family, Addo Family, Jessie Baier, Darnell Wilson, Greta Allen, Price Family, Streit Family, Ella Arnold, Linda Rollin, & Bill Smith.