



## News You Can Use



Pastor Bob will be on vacation next week.

Paul Simonsen is a new attendee at our church and is looking for a room to rent on a short term basis. Please contact Pastor Bob if you have a space available.

Transfers, 2<sup>nd</sup> reading- *Transfer in:* Michael Abuya, Mark Reynolds & Laura Reynolds. *Transfer out:* Camille Melville.

**Health Ministry-** The CHIP healthy living support group has begun! We will meet each Tuesday at 6:30 in the ARC resource room, during the month of April and meet bimonthly starting in May, at which time, others from the community will be invited to attend the meetings. We will share recipes and food samples and begin a DVD series by Dr. Neal Barnard of Kickstart: "Eating Right for Cancer Survival." This groundbreaking series will show how food choices can help prevent cancer and, when cancer has been diagnosed, how they can improve survival. Seating is limited. Therefore, if you would like to attend, please e-mail [register4health@embarqmail.com](mailto:register4health@embarqmail.com) to reserve a seat.

A plant-based diet, along with exercise, is the easiest way to trim excess weight, prevent diabetes, cut cholesterol, lower blood pressure, prevent and reverse heart disease, and reduce cancer risk. See how easy it is to incorporate more plant-based foods in your diet by registering for Kick-Start -a 21-day FREE online program designed to help you do this. Register at [www.pcrim.org](http://www.pcrim.org).

Please join us for our **PEACEMAKER** meeting **today**. Right after church we will meet for a **potluck** followed by our meeting (about 1:30 to 3:00). We will continue discussing practical peacemaking in everyday life and coaching others with biblical principles to resolve conflict. Childcare will be provided. Starting next month we will also include discussion of the excellent book *Instruments in the Redeemer's Hands* by Paul David Tripp. You are welcome to come even if you did not attend previous meetings.

**Raleigh on the Move.** Are you interested in Walking/Running to relieve stress and help maintain an active and healthy lifestyle? Join us on Sunday morning's @ 9:15 AM @ Lake Johnson, 4601 Avent Ferry Rd. (main boat house), Raleigh, NC 27606. Open to **ALL** age groups & fitness levels (bring the family, invite a friend)! Our goal is to engage as many people as possible to run or walk, at their pace, with a friend or a dozen friends.

**Starting Sabbath, April 16<sup>th</sup>, 2011 5:00 – 6:30 PM:** Depression Recovery Program DVD Series by Dr. Neil Nedley (8 sessions) in the Sanctuary.



## News You Can Use Cont'd



### **Got Questions? Get Answers. MIQ is here!**

~ **About the Series:**

Most Important Questions, or MIQ, is a 10-part series that tackles the most challenging questions facing teens!

It's hosted by Pastor Doug Batchelor (Amazing Facts)

~ **Who is it For:**

This series is primarily designed for teens (age 13 to 19)

~ **When:**

Sabbath afternoons @ 5:00pm in the A.R.C. - April 16th, 23rd & 30<sup>th</sup>. Parents, make sure your teenager attends these powerful presentations!

**His Last Days & Agape Feast** – You do not want to miss this year's performance of His Last Days, our annual passion play! Performances will be at 7 PM on Friday, April 22 and Saturday, April 23. And don't forget to get your tickets for the Agape Feast, which will be on Sunday, April 24 at 6:30 pm. Order your tickets at [www.hislastdaysshow.com](http://www.hislastdaysshow.com)

**Adventist Online Giving** is now available! Just go to the Church website ([www.raleighadventist.org](http://www.raleighadventist.org)) and follow the links. This is a secure and alternate way of giving your tithe and offering from the comfort of home. If you have any questions, please call Jane Dendy at 266-0959.

**Coming in May:** Marathon, 1/2 Marathon & 4 person Marathon Relay training. We are training for The City of Oaks Marathon and Rex Healthcare Half Marathon on Sunday, November 6, 2011.

**Secret Sisters:** Secret Sisters is a great way to be a blessing the women in your church. Get to know ladies in your church, and have fun. If you are interested in participating in our Secret Sisters ministry (women only), please see any committee member. Secret Sister Selection will be done after potluck on Sabbath, May 7, 2011. Please plan to participate and have fun. The reveal will be @ our Tea Party on Sunday, August 28, 2011.

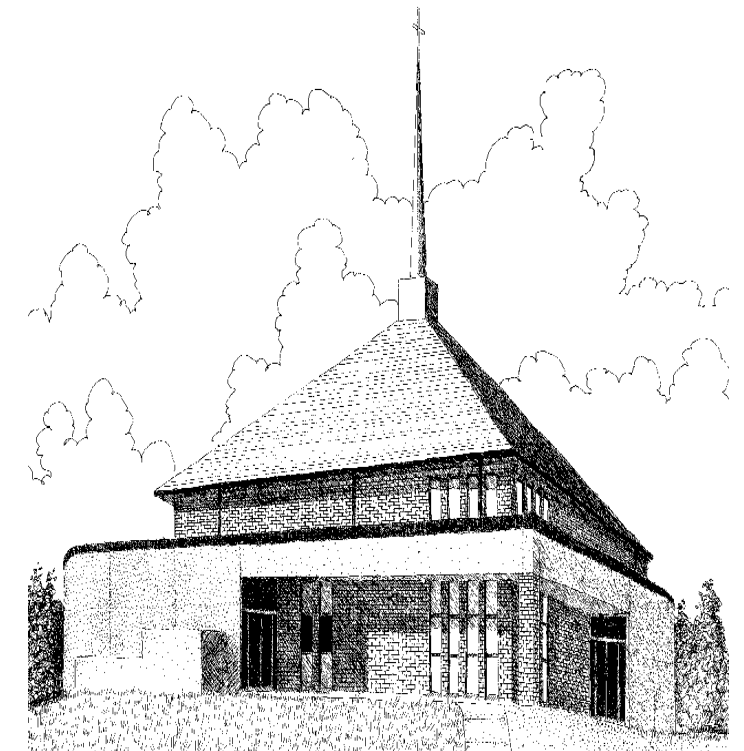
For more information, please contact any member of the Women's Ministry Committee: Cynthia Major (Leader), Sadith Salek (Asst.), Audrey Addo, Lynette Angeles, Mary Arori, Candice Baker, Berqui DeLos Angeles, Antoinette Martin, Brandi McLendon, Valencia McLeod, Sheila Schaffer & Elizabete Tanaka.

**Mark your calendars!! VBS is just around the corner!!!**- This year's VBS will be held June 12<sup>th</sup>-16<sup>th</sup> and the closing ceremony will be June 18<sup>th</sup> in the ARC.

# Welcome to the Seventh-day Adventist Church of Raleigh

### **Our Mission**

*As members of the body of Christ,  
the Raleigh Seventh-day Adventist Church is  
passionately focused on seeking Christ, living His  
values daily and proclaiming His imminent return.*



**April 9<sup>th</sup>, 2011**

4805 Dillard Drive

Raleigh, NC 27606

Phone: (919) 851-1302

Website: [www.raleighadventist.org](http://www.raleighadventist.org)

**Welcome to the Seventh-day Adventist  
Church of Raleigh**

We are here to serve you!

Please call us if we can be of assistance.

Bob Cundiff-Pastor.....233-1114

**pastorbobis@yahoo.com**

Richard Major-Head Elder.....376-0843

**majorpraise@yahoo.com**

Alan Fitts- Head Deacon.....553-2595

Pam Fitts- Head Deaconess/Clerk.....553-2595

**Church Budget**

*Through April 2<sup>nd</sup>, 2011*

	<u>Month</u>	<u>YTD</u>
Income	\$20,714.74	\$ 94,257.13
Expense	\$ 3,937.36	\$104,228.57
Tithe	\$12,981.65	\$113,567.25

*"The Church Budget is based on 75% of our annual Tithe. We are suggesting that for every dollar you pay in tithe, give .76 cents to Church Budget so we can reach our goal. Tithe does not fund the church expenses needed each month to operate the church and its ministries. Since tithe is not used to pay for local church expenses, we hope that when you return tithe you will also contribute to the church budget."*

**Church and Bulletin Information**

**Deacon & Deaconess of the week**

Daniel Burbank & Debbie Price

**Audio Tech of the Week**

Neide Sena

► Please submit all bulletin items, including prayer requests, to Wendy by **Thursday @11am** to: **raleighsdabulletin@gmail.com** or call 919-851-1302 and leave a message.

► For announcements on Power Point, email Jason Fitts at: **cjasonfitts@yahoo.com** by Wednesday @ **7:00pm**.

► For church calendar updates email: **raleighsdacalendar@gmail.com**

**First Service 8:30 am**

Opening Prayer  
Songs of Praise  
Offering  
Prayer  
Sermon  
Benediction

*First Worship Service – 8:30 am*

*The Church in Study – 9:35 am*

*The Church in Worship-10:45am*

*April 9<sup>th</sup>, 2011*

King's Business

Welcome

Worship in Music

Praise Team

Offering

Rick Armstrong

Congregational Prayer

Elizabeth Salisbury

Special Feature

*"Living Generously"*

Special Music

Caryn Baylon, Abigail & Matthew Dizon

Sermon

Pastor Bob Cundiff

*"At the Heart of the Problem is the Problem of the Heart"*

Benediction

Pastor Bob Cundiff

Pianist

Gabby Tanaka

**Words of Wisdom**

*"GOD always gives HIS best to those  
who leave the choice with HIM."*

**Week at a Glance**

**Today**

12:30pm-Peacemaker potluck & session

**7:42pm-Sabbath Ends**

7:405pm-Volleyball

**Sunday, April 10<sup>th</sup>**

9:15am-"Raleigh on the Move" walking club, Lake Johnson

10:00am-"Wild at Heart" Men's ministry study, Youth Room

10:30am-Basketball Ministry

5:00pm -Costume Assignment

6:00pm-Practice, ALL cast and crew

**Tuesday, April 12<sup>th</sup>**

6:30-CHIP Support meeting

7:00pm-Volleyball Ministry

7:00pm-Church Board Meeting

**Wednesday, April 13<sup>th</sup>**

6:30pm-Pathfinder Meeting

7:00-Prayer Meeting

7:00pm-Young Adult Bible Study

**Thursday, April 14<sup>th</sup>**

6:30pm- Basketball Ministry

**Friday, April 15<sup>th</sup>**

**7:47pm- Sabbath Begins**

**Next Sabbath's Speaker**

Pastor Bob Cundiff

**Looking Ahead**

**April**

16-Depression Recovery DVD Series, 5:00-6:30pm

MIQ for Teens, 5:00pm

Basketball Tournament, ARC

20-Town Hall Meeting w/Carolina Conference Officers, ARC

22-"His Last Days" Performance, 7:00pm

23-"His Last Days" Performance, 7:00pm

24-"His Last Days" AGAPE Feast, 6:30pm, ARC

**May**

7-Guest Speaker, Pastor Arthur Gibbs

Fellowship Potluck

**Prayer Requests**

George Morris

To add a name to the prayer request list, please contact  
**raleighsdabulletin@gmail.com** or call 919-851-1302. Thank you.