



### Did You Know?



Ministry leaders can email [raleighsdabulletin@gmail.com](mailto:raleighsdabulletin@gmail.com) with upcoming events? Simply submit your announcement and future event dates and we will include them in the looking ahead section of the bulletin!



### News You Can Use



Pastor Bob will be at Pastor's Meetings at Nosoca Pines Ranch from Sunday-Wednesday of this coming week.

Pathfinders: Next meeting, Sunday Jan 8, 2012 9A-12P at the little school. Parent/staff meeting **Today** immediately following church potluck. Complete all registration forms.

Ski Trip Jan 28-29. Details to come. Contact Phillip and Mandisa McIver if any questions 914-552-7250. See church website for Pathfinder Calendar.

**It's time to begin Week 2 of the Eat More Fruits and Veggies Challenge!** The goal for January is to eat at least 13 servings of fresh fruits and veggies daily. The assignment for the upcoming week is as follows:

**Beginners:** Eat 4 servings of fresh fruit and 5 servings of raw or cooked veggies a day;

**Intermediates:** Eat 4 servings of fresh fruit and 5 servings of raw or cooked veggies a day; drink one 16 oz. glass of green smoothie each day with 2 to 3 cups of fresh fruit and at least, 1 cup of any leafy greens.

**High Raw Achievers:** Drink a 16-18 oz. glass of green smoothie for breakfast and lunch, and a large salad with any homemade raw dressing for dinner. At least once this week, prepare a fresh fruit salad using 4 to 5 fruits with raw almonds to replace a meal. Drink a green smoothie or fresh vegetable juice as a meal. Eat a large salad using dark leafy greens as the base and add red vegetables. Use a raw dressing.

Pick up a food log on the greeter's table in the lobby to record your progress and to enter a drawing for a gift card for Sweet Tomatoes!

See the Health Ministries bulletin board or log on to: [www.RaleighSDAHealthRevolution.blogspot.com](http://www.RaleighSDAHealthRevolution.blogspot.com) for more information, important tips, and recipes to help you reach your weekly goals.

There will be an important quarterly Health Ministries Team meeting TODAY during potluck. If you're interested in working with Health Ministries, please plan to attend and bring your ideas.



### News You Can Use Cont'd



We would like to create a lending library for Health Ministries. If you have any books and/or videos on health or plant-based cookbooks that are collecting dust, please consider donating them to share with others! Please e-mail [register4health@embarqmail.com](mailto:register4health@embarqmail.com) or call (919) 553-8844 for more information.

Would you be able to provide the basic necessities of life - water, food, heat and even health care for your family or others if faced with economic instability, a natural disaster, or extended power grid failures? If not, our upcoming Sustainable Preparedness Seminar by Mountain Media Ministries is just for you - **March 17th and 18th**. Check future bulletins for more details.

**Attention Elders:** The Elders will meet once a month on the Sunday before Church Board Meeting, at 9:00 am. Please contact Tim McLendon if you have any questions.

Parents, please be mindful that your children are not eating or drinking in the sanctuary. Thank you for your cooperation in keeping our church beautiful!

**Fellowship Potlucks** are a great way to gather with great food and friends. Please be sure to bring your food items prepared and ready to serve. No items should be left to cook or prepare that morning. Thank you!

### ACA News

The staff of ACA wishes each member of our ACA and Raleigh SDA Church families and friends a 2012 that is filled with blessings of peace!

ACA of Raleigh will be closed on Monday, January 16 for the Martin Luther King Holiday.

Please continue to collect Box Tops for Education. This is a great fundraiser for the school that functions at no cost to you! We appreciate your support for ACA. There is a collection box in the foyer of the church.

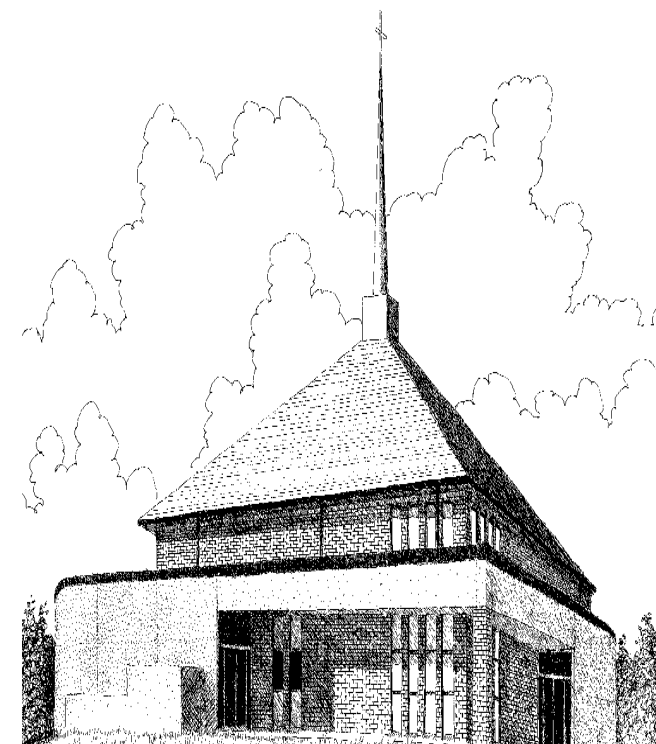
The International Fair is a celebration of the many cultures of our school and church. This year, the celebration will be held on Sunday, March 18. All members of the church and school families are invited to participate. Come join our celebration of diversity and community with representatives of the cultures in our joint school/church family!!! Mark your calendar today!!

Education Sabbath will be held on Sabbath, March 17. Mark your calendar to be here to share in the talents of the young people at the school. All ACA students will participate in Education Sabbath. Additionally, all students in Mrs. Williams' class will 'carry' the program.....either through music, sermons, inspired readings or prayer.

# Welcome to the Seventh-day Adventist Church of Raleigh

### Our Mission

*As members of the body of Christ,  
the Raleigh Seventh-day Adventist Church is  
passionately focused on seeking Christ, living His  
values daily and proclaiming His imminent return.*



**January 7<sup>th</sup>, 2012**

4805 Dillard Drive  
Raleigh, NC 27606

Phone: (919) 851-1302

Website: [www.raleighadventist.org](http://www.raleighadventist.org)



**Welcome to the Seventh-day Adventist  
Church of Raleigh**

We are here to serve you!  
Please call us if we can be of assistance.

Bob Cundiff-Pastor.....919-233-1114  
**pastorbobis@yahoo.com**

Tim McLendon-Head Elder.....919-757-7747  
**mclendont@hpw.com**

Alan Fitts- Head Deacon.....553-2595  
Pam Fitts- Head Deaconess/Clerk.....553-2595

**Church Budget**

*Through December 31<sup>st</sup>, 2011*

	<u>Month</u>	<u>YTD</u>
<b>Conference Funds</b>		
Tithe	\$65,540.40	\$503,595.84
<b>Local Funds</b>		
Income	\$36,306.67	\$319,072.00
Expense	\$31,247.71	\$392,572.67
Difference	\$ 5,058.95	(73,500.67) negative for 2011
Mortgage Loan Balance	\$1,620,857.72	

*“The Church Budget is based on 75% of our annual Tithe. We are suggesting that for every dollar you pay in tithe, give .76 cents to Church Budget so we can reach our goal. Tithe does not fund the church expenses needed each month to operate the church and its ministries. Since tithe is not used to pay for local church expenses, we hope that when you return tithe you will also contribute to the church budget.”*

**Church and Bulletin Information**

**Deacon & Deaconess of the week**

Alan Fitts & Pam Fitts

**Audio Tech of the Week**

- ▶ Please submit all bulletin items, including prayer requests, to Wendy Gonzalez by **Thursday @11am** to: **raleighsdabulletin@gmail.com** or call 919-851-1302 and leave a message.
- ▶ For announcements on Power Point, email Jason Fitts at: **cjasonfitts@yahoo.com** by Wednesday @ **7:00pm**.
- ▶ For church calendar updates email: **raleighsdacalendar@gmail.com**

**First Service 8:30 am**

Opening Prayer  
Songs of Praise  
Offering  
Prayer  
Sermon  
Benediction

*First Worship Service – 8:30 am  
The Church in Study – 9:35 am*

*The Church in Worship-10:45am  
January 7<sup>th</sup>, 2012*

Kings Business

Welcome

Praise and Worship

Praise Team

Special Feature

*Prayer & Reclaim your Faith*

Offering

Sergio Costa

Congregational Prayer

Tim McLendon

Special Music

Gabby & Raymonde Marc & Necha Bryant

Sermon

Pastor Bob Cundiff

*“The State of the Church”*

Benediction

Pastor Bob Cundiff

**Words of Wisdom**

*“Worry is blind and cannot see the future.  
But Jesus sees the end from the beginning.”  
DA 330*

**Week at a Glance**

**Today**

10:30am-W.I.T., ARC  
12:30 pm-Fellowship Potluck  
Health Ministry Team meeting (during potluck)  
1:30pm-Pathfinder Staff & Parent Meeting  
3:00pm-Adventurers  
\*The joy and blessings of the Sabbath conclude today **5:15**  
\*And begin again. . . . . **Next Friday 5:19pm**

**Sunday, Jan. 8<sup>th</sup>**

9:30am-12:00pm-Pathfinder Meeting

**Wednesday, Jan. 11<sup>th</sup>**

7:00pm-Prayer Meeting

**Friday, Jan. 13<sup>th</sup>**

7:00pm- "Reclaim Your Faith" #1(see insert for details)

**Next Sabbath's Speaker**

Pastor Doug Bachelor

**Looking Ahead**

**January 2012**

16-ACA has no school  
21-Adventurer Meeting  
22-Adventurer Field Trip, Ice Skating  
28-29-Pathfinder Ski Trip

**A New Year's Prayer**

May God make your year a happy one!  
Not by shielding you from all sorrows and pain,  
But by strengthening you to bear it, as it comes;  
Not by making your path easy,  
But by making you sturdy to travel any path;  
Not by taking hardships from you,  
But by taking fear from your heart;  
Not by granting you unbroken sunshine,  
But by keeping your face bright, even in the shadows;  
Not by making your life always pleasant,  
But by showing you when people and their causes need you  
most, and by making you anxious to be there to help.  
God's love, peace, hope and joy to you for the year ahead.

**Prayer Requests**

George Morris  
To add a name to the prayer request list, please contact  
**raleighsdabulletin@gmail.com** or call 919-851-1302. Thank you.